



### 30. Deichlauf des TuS Hohnstorf/Elbe

Hohnstorf, 10,6 und 21,1 km

**Sonntag, 29. Mai 2011**

#### 400 m – Herren

| Name                   | Zeit    | Akl. | Ges.-Pl. | Akl.-Pl.  | Zeit 2010 |
|------------------------|---------|------|----------|-----------|-----------|
| Jonathan<br>Rosenhagen | 0:01:49 | M7   | 7.       | <b>1.</b> | ---       |

#### 10,6 km – Damen

| Name                   | Zeit    | Akl. | Ges.-Pl. | Akl.-Pl.  | Zeit 2010 |
|------------------------|---------|------|----------|-----------|-----------|
| Bärbel Saß             | 0:54:22 | W45  | 96.      | <b>3.</b> | 0:54:27   |
| Dorit Stehr            | 0:54:37 | W50  | 101.     | <b>2.</b> |           |
| Margitta Goldbeck      | 0:57:33 | W50  | 138.     | 5.        | 0:58:19   |
| Marion van<br>Schwamen | 1:00:44 | W50  | 168.     | 7.        | ---       |
| Ingrid Ott-Müller      | 1:01:50 | W55  | 174.     | <b>3.</b> | ---       |
| Sandra Fromke          | 1:17:22 | W35  | 214.     | 8.        | ---       |
| Yvonne Fromke          | 1:18:55 | W16  | 219.     | <b>1.</b> | ---       |
| Barbara Wittek         | 1:23:40 | W65  | 224.     | <b>2.</b> | 1:18:00   |

#### 10,6 m – Herren

| Name             | Zeit    | Akl. | Ges.-Pl. | Akl.-Pl. | Zeit 2010 |
|------------------|---------|------|----------|----------|-----------|
| Manni Goldbeck   | 0:54:58 | M55  | 106.     | 5.       | 0:52:10   |
| Thomas Behrens   | 0:59:39 | M45  | 155.     | 27.      | 1:10:20   |
| Rüdiger Carlberg | 1:19:44 | M50  | 223.     | 24.      | ---       |